



# MALLA REDDY INSTITUTE OF TECHNOLOGY & SCIENCE

(SPONSORED BY MALLA REDDY EDUCATIONAL SOCIETY)

Permanently Affiliated to JNTUH & Approved by AICTE, New Delhi

NAAC&NBA Accredited, ISO 9001:2015 Certified, Approved by UK Accreditation Centre

Granted Status of 2(f) & 12(b) under UGC Act, 1956, Govt. of India.



Ref: MRITS/OO/YMC/2021-22/01

Date:23.08.2021

## OFFICE ORDER


A Yoga & Meditation Cell has been constituted to motivate students and staff to practice Yoga and meditation in their daily life and to organize various yoga and meditation related programs in the institute.

Sno	Name	Designation	Position in Committee
1	Dr. K. Ravindra	Principal	Chairman
2	Dr. N Vinaya kumari	Assoc.Prof., CSE	Convener
3	Mr. M Dharma kumar	Assoc.Prof., H&S(EEE/ECE)	Member
4	Mr. G Vikram	Asst.Prof., CSE	Member
5	Mr N Venkateswara Rao	Asst.Prof., ECE	Member
6	Mr. Abdul Adil Pasha	Asst.Prof., CE	Member
7	Mr. N Shivasai dev (19S11A05A5)	Student	Student Member
8	Mr. S Bhavan kumar (19S11A0155)	Student	Student Member
9	Mr. V Sanath Reddy (20S11A04D2)	Student	Student Member
10	Ms. Pravallika (20S11A6914)	Student	Student Member
11	Ms. A Chandana (20S11A6706)	Student	Student Member
12	Ms. A. Sushma (20S11A0443)	Student	Student Member

The above committee will come into force with immediate effect and will continue till further orders.

Copy to:

1. All Committee Members
2. All HOD's for information
3. IQAC Coordinator
4. AAA Coordinator
5. Exam Branch
6. Admin Office
7. Notice Board
8. PA to Principal for filing
9. JNTUH

  
PRINCIPAL  
Malla Reddy Institute of  
Technology & Science

Maisammaguda, Dhulapally, Post Via Kompally, Secunderabad - 500 100.

Phone :7416034230,7207034238,Email : mrits\_prill@yahoo.co.in

www.mricts.ac.in



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MRITS / YOGA & MEDITATION /AY 2021-22/CIR-02

02/03/2022

## CIRCULAR

All the members of yoga & meditation Committee of the college are hereby informed that, the yoga & meditation Committee meeting is scheduled on 07-03-2022 from 3.00 pm to 4.00 pm & the Venue will be the Department of yoga & meditation. All are requested to be present on time.

The Agenda of the meeting is:

- Yoga & meditation calendar to plan for the month September to conduct yoga events.
- For scheduling all the related activities without affecting the class /lab work, examination Schedules.
- Train student for inter college, inter university and National level.
- To discuss on events to be organized.
- Any other matter with the permission of the chair.

  
Dr. N. Vinaya Kumari

**Convener**  
(Yoga & Meditation Committee)

  
Dr. K. RAVINDRA  
**PRINCIPAL**  
Malla Reddy Institute of  
Technology & Science

Copy to:

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5. File
6. Notice Board and website



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Date: 07-03-2022

## YOGA & MEDITATION CELL MINUTES OF MEETING

1. The Meeting was held on 07-03-2022 and started at 3.00pm in the Department of yoga & meditation
2. The Convener started the meeting with congratulation all the members.
3. Members discussed to organize the following event

The events planned for the Academic Year;

- April : Yoga training workshop
  - June : To organize Yoga asana computation
  - June: International yoga day celebrations
4. Apart from all the above events Training Sessions Would be conducted
  5. All the members accepted the suggestions.

The List Sports Committee members attended the meeting:

S.No	Name	Designation	Position in Committee	Sign
1.	Dr. K. Ravindra	Principal	Chairman	
2.	Dr. N Vinaya kumari	Assoc.Prof., CSE	Convener	
3.	Mr. M Dharma kumar	Assoc.Prof., H&S(EEE/ECE)	Member	
4.	Mr.G Vikram	Asst.Prof., CSE	Member	
5.	Mr N Venkateswara Rao	Asst.Prof., ECE	Member	
6.	Mr. Abdul Adil Pasha	Asst.Prof., CE	Member	
7.	Mr. N Shivasai Dev 19S11A05A5	Student	Student Member	
8.	Mr. S Bhavan kumar 19S11A0155	Student	Student Member	



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9.	Mr. V. Sanath Reddy 20S11A04D2	Student	Student Member	
10.	Ms. Pravallika 20S11A6914	Student	Student Member	
11.	Ms. A Chandana 20S11A6706	Student	Student Member	
12.	Ms. A. Sushma 20S11A0443	Student	Student Member	

Dr.N. Vinaya kumari

**Convener**  
(Yoga & Meditation Committee)

Dr. K.RAVINDRA

**Principal**  
Malla Reddy Institute of  
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MRITS / YOGA & MEDITATION /AY 2021-22/CIR-01

03/09/2021

## CIRCULAR

All the members of yoga & meditation Committee of the college are hereby informed that, the yoga & meditation Committee meeting is scheduled on 07-09-2021 from 3.00 pm to 4.00 pm & the Venue will be the Department of yoga & meditation. All are requested to be present on time.

The Agenda of the meeting is:

1. Yoga & meditation calendar to plan for the month September to conduct yoga events.
2. For scheduling all the related activities without affecting the class /lab work, examination Schedules.
3. Train student for inter college, inter university and National level.
4. To discuss on events to be organized.
5. Any other matter with the permission of the chair.

  
Dr. N. Vinaya kumari

**Convener**  
(Yoga & Meditation Committee)

  
Dr. K. RAVINDRA

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Date: 07-09-2021

## YOGA & MEDITATION CELL MINUTES OF MEETING

1. The Meeting was held on 07-09-2021 and started at 3.00pm in the Department of yoga & meditation
2. The Convener started the meeting with congratulation all the members.
3. Members discussed and confirmed the SOP.
4. Members discussed to organize the following event
  - Yoga training workshop
  - Yoga asana computation
  - International yoga day celebrations
5. Apart from all the above events Training Sessions Would be conducted
6. All the members accepted the suggestions.

The List Sports Committee members attended the meeting:

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